

Scout Road Academy Menus



Please tick your choices.

	Monday	Tuesday	Wednesday	Thursday	Friday
Protein Selection (Dishes marked with * have extra vegetables blended in)	Homemade Bolognese Pasta <input type="checkbox"/> Pasta & Tomato Sauce (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>	Pepperoni & Cheese Wrap <input type="checkbox"/> Cheese & Beans Wrap (V) <input type="checkbox"/> Jacket Potato <input type="checkbox"/>	Roast Chicken <input type="checkbox"/> Veggie Filled Yorkshire Pudding (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>	Fish Fingers <input type="checkbox"/> Cheese & Lentil Savoury (V) <input type="checkbox"/> Jacket Potato <input type="checkbox"/>	Hot Dog <input type="checkbox"/> Vegetarian Hot Dog (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>
Carbohydrate Selection	Spaghetti	Oven Cooked Potato Wedges	Roast Potatoes	Steamed Potatoes	Hand Cut Chips
Vegetable Selection	Salad Bar Garden Peas	Salad Bar Sweetcorn	Salad Bar Cauliflower & Broccoli	Salad Bar Carrots & Green Beans	Salad Bar Baked Beans
Sweet Selection (Fresh Fruit and Yoghurt available daily)	Assorted Baking <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Rice Pudding <input type="checkbox"/> Biscuit <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Assorted Homemade Baking <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Sponge Pudding & Custard <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Choc Ices <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>
Weeks Commencing:	22 nd April	13 th May	10 th June	1 st July	

	Monday	Tuesday	Wednesday	Thursday	Friday
Protein Selection (Dishes marked with * have extra vegetables blended in)	Meatballs in a Homemade Tomato Sauce * <input type="checkbox"/> Three Bean Cous Cous (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>	Lasagne <input type="checkbox"/> Cheese & Tomato Puff (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>	Home Roasted Gammon <input type="checkbox"/> Macaroni Cheese *(V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>	Sausage & Potato Bake <input type="checkbox"/> Roasted Vegetable Pasta* (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>	Margherita Pizza (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>
Carbohydrate Selection	Spaghetti & Wraps	Hand Cut Potato Wedges & Crusty Bread	Roast Potatoes	Steamed Potatoes	Hand Cut Chips
Vegetable Selection	Salad Bar Garden Peas	Salad Bar Carrots & Green Beans	Salad Bar Cauliflower & Broccoli	Salad Bar Sweetcorn	Salad Bar Baked Beans
Sweet Selection (Fresh Fruit and Yoghurt available daily)	Assorted Baking <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Rice Pudding <input type="checkbox"/> Biscuit <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Sponge Pudding & Custard <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Assorted Baking <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Jelly & Ice Cream <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>
Weeks Commencing:	8 th April	29 th April	20 th May	17 th June	8 th July

	Monday	Tuesday	Wednesday	Thursday	Friday
Protein Selection (Dishes marked with * have extra vegetables blended in)	Chinese Curry <input type="checkbox"/> Vegetable Spring Roll (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>	Breaded Fish <input type="checkbox"/> Tomato Pasta(V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>	Minced Beef Pie <input type="checkbox"/> Cheese Flan (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>	Sausage Pasta <input type="checkbox"/> Bean Lasagne (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>	Bacon Sandwich <input type="checkbox"/> Egg Sandwich (V) <input type="checkbox"/> Jacket potato <input type="checkbox"/>
Carbohydrate Selection	Rice & Wrap	Hand Cut Potato Wedges	Roast Potatoes	Garlic Bread	Hand Cut Chips
Vegetable Selection	Salad Bar Garden Peas	Salad Bar Carrots & Green Beans	Salad Bar Broccoli & Cauliflower	Salad Bar Sweetcorn	Salad Bar Baked Beans
Sweet Selection (Fresh Fruit and Yoghurt available daily)	Assorted Baking <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Sponge & Custard <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Rice Pudding <input type="checkbox"/> Biscuit <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Assorted Baking <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>	Iced Cake <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> or Yoghurt <input type="checkbox"/>
Weeks Commencing:	15th April	6th May	3rd June	24th June	15th July

Menus may be subject to change at short notice due to produce availability.

We are part of Fare Share, so where possible we are trying to incorporate any extra food into our lunches that is available to us so that it doesn't go to waste. Therefore, the lunches you receive may have unexpected items that are not on the menu. This is extra food we receive through Fare Share and we share it out with all schools.

**We are a Sugar Smart School and all our recipes are made with reduced sugar.
All our meat is Red Tractor assured and where possible is locally sourced.**