



Hebden Royd C of E Primary RSE Curriculum Map (Rolling Programme A)

Year Group	AUTUMN		SPRING		SUMMER	
EYFS	<p><i>It is expected that links to various aspects of all foundation subjects can be made and enhanced through all the ELG strands (communication & language; physical development; personal, social and emotional development; literacy, mathematics; understanding the world; expressive arts & design). However, the ELGs that most closely relate to knowledge & skills in PSHE are those in Personal, social and emotional development.</i></p>					
Year 1/2	FAMILIES & RELATIONSHIPS Introduction: Setting ground rules for RSE & PSHE lessons* Family Friendships Other people's feelings Getting along with others Friendship Problems	FAMILIES & RELATIONSHIPS Gender Stereotypes Change and loss HEALTH & WELLBEING Understanding my feelings* Steps to success Developing growth mindset Being active	HEALTH & WELLBEING Relaxation: breathing exercises Healthy diet Looking after our teeth SAFETY AND THE CHANGING BODY Communicating with adults Road safety Safety at home	SAFETY AND THE CHANGING BODY Safety with medicines What to do if I get lost The internet Appropriate contact My private parts are private	CITIZENSHIP Rules Similar, yet different Caring for others: animals The needs of others Democratic decisions School council	CITIZENSHIP Giving my opinion ECONOMIC WELLBEING Money Needs & wants Saving and spending Banks and building societies Jobs TRANSITION Transition lesson
Year 3/4	FAMILIES & RELATIONSHIPS Introductory lesson: Setting ground rules and signposting Friendship issues and bullying Healthy families Stereotyping – gender Stereotyping – age/disability How my behaviour affects others	FAMILIES & RELATIONSHIPS Effective communication to support relationships Respect and manners Respecting differences HEALTH & WELLBEING My healthy diary Looking after our teeth Relaxation – visualisation	HEALTH & WELLBEING Meaning and purpose – my role Resilience: breaking down problems Emotions Mental health SAFETY & THE CHANGING BODY Fake emails Internet safety: age restrictions	SAFETY & THE CHANGING BODY Consuming information online Tobacco First aid: asthma Alcohol & tobacco Year 3: First Aid: emergencies calling for help Year 4: introducing puberty	SAFETY & THE CHANGING BODY Year 3: Road safety Year 4: Growing up CITIZENSHIP Recycling / reusing Local community buildings and groups Local community and democracy Diverse communities	CITIZENSHIP Rights of the child Charity ECONOMIC WELLBEING Spending choices Budgeting Money & emotions Jobs and careers Jobs for me TRANSITION Coping strategies
Year 5/6	FAMILIES & RELATIONSHIPS Introductory lesson: Setting ground rules and signposting Friendship skills Respect Resolving conflict Family life Stereotyping Challenging stereotypes	FAMILIES & RELATIONSHIPS Change and loss HEALTH & WELLBEING Relaxation – mindfulness What can I be? Taking responsibility for my health The impact of technology on health Resilience toolbox	HEALTH & WELLBEING Immunisation Physical health concerns Good and bad habits SAFETY & THE CHANGING BODY Critical digital consumers Social media	SAFETY & THE CHANGING BODY First Aid: Bleeding First Aid: Basic life support YEAR 5: Puberty YEAR 6: Physical & emotional changes of puberty YEAR 5: Menstruation YEAR 6: Conception	SAFETY & THE CHANGING BODY YEAR 5: Emotional changes in puberty YEAR 6: Pregnancy and birth CITIZENSHIP Pressure groups Valuing diversity Food choices and the environment Caring for others Rights and responsibilities	CITIZENSHIP Parliament and democracy ECONOMIC WELLBEING Attitudes to money Keeping money safe Stereotypes in the workplace Gambling Careers IDENTITY – YEAR 6 ONLY What is identity? Gender Identity Identity & body image TRANSITION Roles Responsibilities